



www.wolfcreekwilderness.com

## Beginning Tourings

Date: \_\_\_\_\_

Location: Scotts Flat Lake

9:00 - Meet at shop, introductions and gear issue

9:30 - Organize carpool and caravan to the lake

10:00 - Launching Techniques discussed

10:15 - Instruction on strokes and boat control

11:45 - Break for snacks and stretching

12:30 - Launch for a short tour of the lake

1:15 Load up and head back to the ranch

Wolf Creek Wilderness will supply kayaks and gear for a safe and enjoyable paddling experience. Participants will need to bring their own water, lunch, snacks and personal gear.

Suggestions for personal gear include:

Sunscreen, hat and sunglasses

Synthetic shorts

Shoes that can get wet

Synthetic long sleeve shirt-capilene suggested

A change of clothes for the end of the day