



www.wolfcreekwilderness.com

Kids Kayak Camp

Date: _____

Location: Englebright /Lower Yuba River

Tues:

- 9 :00- Meet at Wolf Creek Wilderness. Discussion of boats and gear. Everyone assigned and fitted into “their” boat
- 10:30- Carpool and caravan to Englebright
- 11:15- Prepare for launch and lunch
- 12:15- Hit the water for demonstration / practice of basic kayak strokes and boat control
- 2:00 - Put new skills to use in a game of sharks and minnows, kayak polo, or a good of fashioned race!
- 3:45 - All the wet smiling faces out of the water and load up!
- 4:15- Head back to WCW
- 5:00 - Arrive back at the ranch!

Wed:

- 9:00- Meet at Wolf Creek Wilderness. Carpool and caravan to Englebright
- 10:00 - Continue with kayak fundamentals, bow rescues, wet exits, & games.
- 12:00-Lunch
- 12:45 - Load up and drive to the Lower Yuba under the Parks Bar Bridge.
- 1:30 - Talk a little bit about the difference between paddling on a calm lake and on a moving river.
- 2:00 - Discover those differences by learning to “play” in the river features.
Work on eddy turns, peel outs, and ferries.
- 4: 00- Pack up, load up! Head back to the shop!
- 5:00 - Pick up at Wolf Creek Wilderness

Thurs

- 9:00 - Meet at Wolf Creek Wilderness
- 9:30 - Unload boats and gear at Park’s Bar, run shuttle
- 10:30/11:00 - Launch at Park’s Bar for Class I downriver run
- 12:00- Lunch
- 1:00 - Continue downstream. Emphasis on safety, group awareness, boat control, basic strokes, catching eddies, peel-outs, and ferrying
- 4:00 -Whew! Load up and head back to town
- 5:00 -Pick-up at Wolf Creek Wilderness

Congratulations! You are now a beginning whitewater boater!

Wolf Creek Wilderness will provide kayaks and all gear necessary for a safe, fun, and comfortable learning experience. Students will need to bring their own lunch, water bottle, and personal gear including: sunscreen, quick drying shorts - NO COTTON -, a long-sleeved capilene or coreskin shirt, water shoes such as chacos, tevas, or wet-suit booties. Wet suits and paddling jackets are available for rent.