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Roll Session

Date: _____

Location: South Yuba Club

6:15- Meet at The South Yuba Club Pool. Must sign waiver at front desk

6:30 - Orientation to kayaks. Fitting to the kayaks

6:45 - overview of lesson progression w/ demonstrations

7:00 to 8:45 - Full attention given to develop the SKILLS and lots of practice time,

Directions to South Yuba Club:

From Grass Valley: Take hwy 49 N to the Gold Flat/ Ridge Rd exit. Turn left over freeway. Make first right across bridge (Searls Ave) to Argall way intersection. Turn right into the Club. 555 Searls Ave.

Look for the Nevada City Auto Parts store. From Nevada City: Take hwy 49 S to Gold Flat/ Ridge Rd exit. Turn Right then make immediate right. Follow directions from above.